





# BREAKFAST



## FRUIT, GRANOLA and OATMEAL

MIXED FRESH FRUIT.....	full ....\$6.50	junior ....\$3.50
SERENA'S HOMEMADE GRANOLA with choice of milk.....	\$6.50	
Add yogurt.....	\$2.00	Add fresh fruit.....\$2.50
Both.....	\$3.50	
OATMEAL– with brown sugar, raisins & walnuts.....	\$5.75	
ORCHARD OATMEAL – with brown sugar, raisins, candied pecans & apples.....	\$7.75	
ACAI BOWL (AH-SIGH-EE) – organic Brazilian acai berry smoothie served over homemade granola and topped with bananas.....	\$8.95	


## EGGCELLENT SCRAMBLES (made with 2 local eggs, served with seasoned red potato home fries and toast of your choice)

THE GREEK– Tomato, basil and feta cheese 	\$7.95
THE BOZZI– Smoked ham and white cheddar cheese.....	\$8.25
THE VEGGIE– Seasonal vegetables and provolone cheese 	\$8.50
THE ITALIAN– Homemade pesto, mushrooms, tomato and provolone cheese 	\$8.25
THE BAJA – Turkey breast, green chiles, avocado and pepper jack cheese.....	\$9.50
EGGLESS ANGLE – Seasoned red potato home fries scrambled with homemade pesto, artichoke hearts, black olives, tomatoes and provolone cheese (no eggs) 	\$8.50
Add avocado to any above.....	\$1.50
Substitute egg whites in any above.....	\$1.00

## EGGCEPTIONAL OMELETTES (made with 4 local eggs, served with toast of your choice)

THE WESTERN– Smoked ham, onions, bell peppers and white cheddar cheese.....	\$8.75
THE FORAGER – Local and Organic Garden City fungi mushroom blend, artichoke heart, tomato, spinach and provolone cheese.....	\$10.95
THE MEAT LOVER'S– Bacon, ham, sausage link and white cheddar cheese.....	\$9.25
Add side of seasoned red potato homefries.....	\$1.50
Add avocado to any above.....	\$1.50
Substitute egg whites in any above.....	\$1.00

## BENEDICTIONS (served with seasoned red potato home fries)

EGGS BENEDICT– English muffin, Canadian bacon, poached local eggs and homemade hollandaise sauce.....	\$8.95
EGGS ARGYLE– English muffin, wild Alaskan smoked salmon, poached eggs & homemade hollandaise sauce.....	\$11.50
TOM AVO – English muffin, grilled sliced tomato, sliced avocado, poached local eggs and homemade hollandaise sauce 	\$9.50
1/2 AND 1/2– One of each Benedict of your choice.....	price varies

Substitutions are available and priced accordingly. \$1.00 split plate<sup>+</sup>/extra plate charge. No split tickets on parties of 8 or more.  
18% gratuity may be added on parties of 8 or more.  Vegetarian

# THE NOVA CAFE SPECIALTIES



- MOM'S BREAKFAST BURRITO** – Two local eggs scrambled, white cheddar cheese, bacon, and seasoned red potato home fries with homemade salsa and sour cream on top.....\$8.25  
 Add avocado.....\$1.50      Add black beans.....\$1.00      Add jalapenos......75c
- BREAKFAST SANDWICH** – Two local eggs scrambled with white cheddar cheese and Canadian bacon on local ciabatta bread and served with seasoned red potato home fries.....\$8.25
- HUEVOS RANCHEROS** – Corn tortilla with black beans, 2 local eggs any style, pepper jack cheese, homemade salsa, sour cream and olives. Served with homemade cornbread 🌽.....\$8.50  
 Add avocado.....\$1.50      Add jalapenos......75c
- HOMEMADE BISCUITS & GRAVY FOR PLAYERS** – Homemade biscuits and gravy with 2 local eggs any style and seasoned red potato home fries.....\$8.25
- TURKEY HASH** – Roasted turkey sautéed with red and green peppers, onions, squash, zucchini, pine nuts & potatoes. Served with two poached local eggs, homemade hollandaise and toast of your choice.....\$9.25
- MYLI'S MESS FRITTATA** – Open-faced omelette with bacon, mushrooms and seasoned red potato home fries topped with cheddar cheese, sour cream and tomatoes. Served with toast of your choice.....\$8.50
- THE STANDARD**– Two local eggs any style, two slices of bacon or sausage links, seasoned red potato home fries, and toast of your choice.....\$6.95  
 Substitute specialty sausage of the day.....\$2.00
- EARLY BIRD'S SPECIAL** – (Served from 7-9AM Monday-Friday only) Two local eggs any style, two slices of bacon, toast of your choice and griddle special picked daily.....\$5.95
- WACKY WAFFLE WEDNESDAY** - (served from 7-11am Wednesdays only) All you can eat Belgian Waffles.....\$8.50

# THE GRIDDLE



- HOMEMADE BUTTERMILK PANCAKES**.....(1) \$3.25.....(2) \$5.25.....(3) \$7.25
- HOMEMADE WHOLEWHEAT PANCAKES**.....(1) \$3.50.....(2) \$5.50.....(3) \$7.50
- THE DEUCE** – 2 buttermilk pancakes, 2 local eggs any style and 2 slices of bacon.....\$8.50
- BELGIAN WAFFLE**.....\$6.25
- THE "MORNING AFTER"** – A cheesy Belgian waffle, 2 local eggs any style and 2 slices of bacon.....\$8.75
- FRENCH TOAST** – white or wheat (3).....\$6.25  
 cinnamon raisin (3) or local sourdough (2).....\$7.25
- Add Blueberries to each pancake.....\$1.25      Add junior fresh fruit on top of any griddle order.....\$2.50  
 Organic pure maple syrup.....\$2.50      Add junior fresh blueberries to any griddle order.....\$2.50  
 (if in season)

## SIDE ORDERS



LOCAL EGGS ANY STYLE.....	\$1.50 each
SUBSTITUTE EGG WHITES ON ANY ORDER.....	\$1.00
BACON (3) SAUSAGE LINKS (3) PATTY (1) OR CANADIAN BACON (2).....	\$2.75
WILD ALASKAN SMOKED SALMON (lox style).....	\$6.50
TOAST – whole wheat, white, rye, and English muffin.....	\$1.50
cinnamon raisin, local grilled ciabatta, local sourdough.....	\$2.00
GLUTEN FREE TOAST – 3 seed or white.....	\$2.00
GLUTEN-FREE BAKED GOODS (ask about availability).....	prices vary
HOMEMADE BISCUITS.....	\$2.25
HOMEMADE CORNBREAD.....	\$2.75
SEASONED RED POTATO HOME FRIES.....	\$2.95
HOMEMADE HOLLANDAISE.....	\$2.50
HOMEMADE SALSA.....	\$1.50
HOMEMADE SAUSAGE GRAVY.....	\$2.50
SOUR CREAM.....	\$1.50
YOGURT.....	\$2.50
COTTAGE CHEESE.....	\$2.50
HOMEMADE RANCH DRESSING.....	.95c
STEAMED VEGGIES.....	\$3.95
BAKED FRENCH FRIES (lunch only).....	\$2.95

## KID'S MENU



(Kids 12 and under, seniors welcome!)

### BREAKFAST

KIDS' CAKES – fresh homemade Mickey Mouse-shaped buttermilk pancake with one local egg any style, one strip of bacon or sausage link.....	\$5.25
Add chocolate chips, whipped cream or blueberries.....	\$1.00
KIDS' WAFFLE – 1/2 waffle, one local egg any style, one strip of bacon or sausage link.....	\$5.25
KIDS' FRENCH TOAST – One slice of french toast served with one local egg any style, one strip of bacon or sausage link.....	\$5.25
KIDS' STANDARD – One local egg any style, seasoned red potato home fries, one strip of bacon or sausage link and one slice of toast.....	\$5.25
LITTLE NOAH'S BURRITO – Two local eggs scrambled, white cheddar cheese, bacon wrapped in a flour tortilla with homemade salsa and sour cream on the side.....	\$5.50

### LUNCH (available 11am)

GRILLED CHEESE with baked french fries.....	\$5.75
KIDS' TURKEY SANDWICH – Sliced turkey and mayo on your choice of white or wheat bread with baked french fries.....	\$5.75
1/2 BLT with fresh fruit.....	\$6.50

# LUNCH



## SOUPS/SALADS

NOVA HOUSE SALAD – Organic mixed greens, carrots, beets, tomatoes and your choice of homemade dressing (House Balsamic, Ranch, Thai Vinaigrette, fat free Huckleberry, 1000 Island) 🍌	\$4.95
HOMEMADE SOUP DU JOUR– ask your server.....Cup.....	\$4.95   Bowl.....\$5.50
SOUP & SALAD – A cup of homemade soup and house salad.....	\$8.95
ORCHARD SALAD – Organic mixed green, sliced apples, candied pecans, dried cranberries, local Amaltheia goat cheese and tomatoes with house balsamic dressing 🍌	\$10.25
PEAR SALAD – Organic mixed greens, topped with walnuts, gorgonzola cheese, diced red onions, diced tomatoes and grilled fresh pears with ranch dressing 🍌	\$10.25
THAI SALAD – Organic mixed greens, rice noodles, diced tomatoes, broccoli and scallions, topped with grilled shrimp, peanuts, cilantro and carrots with Thai Vinaigrette.....	\$12.95
MEDITERANEAN SALAD –Organic mixed greens topped with grilled chicken breast, sun dried tomatoes, artichoke hearts, kalamata olives and feta cheese served with house balsamic dressing.....	\$12.50
DUCK SALAD – Organic mixed greens, strawberries, with local Amaltheia goat cheese then topped with grilled duck breast, sunflower seeds, diced red onion and diced tomatoes with huckleberry dressing.....	\$13.50
Add chicken.....	\$3.00
Add portabello.....	\$3.00
Add shrimp.....	\$5.00
Add avocado.....	\$1.50
Add duck.....	\$6.00

## SANDWICHES – All sandwiches served with baked french fries. Substitute house salad or soup for \$2.00

REUBEN –Marbled rye bread filled with corned beef, homemade sauerkraut, sliced tomatoes and swiss cheese. Served with homemade 1000 island dressing.....	\$9.95
BISON BURGER – Grilled Local Kroon Bison Ranch burger topped with sautéed garlic mushrooms, caramelized red onions and melted swiss cheese, garnished with lettuce and tomato.....	\$10.50
COWGIRL BURGER – 1/2 pound Local J Bar L Ranch Natural Beef Burger loaded with bacon, cheddar cheese, caramelized red onions & homemade BBQ sauce, garnished with lettuce & tomato.....	\$11.50
CALIFORNIA SANDWICH – Local ciabatta bread filled with thinly sliced in-house roasted beef, avocado, sliced tomato & lettuce, drizzled with house balsamic dressing.....	\$10.25
NOVA BLT – Bacon, lettuce and tomato on local ciabatta.....	\$9.25
Add avocado.....	\$1.50
SANTA CRUZ SANDWICH – Grilled chicken breast with homemade pesto and melted provolone cheese, garnished with lettuce and tomato.....	\$9.95
MONTE CRISTO SANDWICH – A grilled croissant filled with turkey, roasted red pepper, red onion, swiss cheese, bacon, lettuce, tomato.....	\$10.25
PO' GIRL WRAP – Grilled Portobello mushroom, roasted red pepper, caramelized red onions, Amaltheia goat cheese and mixed organic greens drizzled with pesto aioli stuffed into a flour tortilla.....	\$12.25
FRENCH DIP – Thinly sliced in-house roasted beef with melted provolone served on local ciabatta with au jus and horseradish cream on the side.....	\$10.95
THE QUICKIE – Half a turkey sandwich on toasted wheat bread with lettuce, tomato, and mayo.....	\$7.50
Whole sandwich.....	\$9.00

# BEVERAGES



BOTTOMLESS NOVA BLEND COFFEE - Regular or Decaf, fair trade/organic certified.....	\$1.95
HOT TEA SELECTION.....	\$1.95
HOT CHOCOLATE.....	\$2.50
GRAPEFRUIT JUICE - Fresh-squeezed (seasonal).....	Small ....\$4.25   Large....\$4.75
ORANGE JUICE - Fresh-squeezed.....	Small ....\$3.00   Large....\$3.50
JUICES: Apple, Tomato, Cranberry.....	Small....\$2.00   Large.....\$2.50
MILK.....	Small....\$2.00   Large.....\$2.50
ORGANIC SOY MILK.....	Small....\$2.25   Large.....\$2.75
CHOCOLATE MILK.....	Small....\$2.25   Large.....\$2.75
ICE TEA.....	\$1.95
LEMONADE.....	\$1.95
SOFT DRINKS- Pepsi, Diet Pepsi, Mountain Dew, Rootbeer, 7UP.....	\$1.95
THE "FRANK" (ARNOLD PALMER).....	\$2.25
ITALIAN SODA.....	Regular \$2.25   Creamed \$2.75
PELLEGRINO.....	\$3.75

# ESPRESSO DRINKS



12 oz. single shot (available regular or decaf)

AMERICANO.....\$2.25	CAPPUCCINO.....\$3.00	LATTE.....\$3.25
MOCHA.....\$3.75	ESPRESSO.....\$1.75	BREVE.....\$3.75
TIPU'S TIGER CHAI LATTE.....\$3.25		
Add Shot.....\$.50	Add Flavor.....\$.50	Add Soy.....\$.50
		Substitute 16 oz for 12 oz.....\$.50

FLAVORS: Almond\*, Amaretto, Blackberry, Caramel\*, Cinnamon, Coconut\*, Cherry, English Toffee, Hazelnut\*, Irish Cream\*, Huckleberry, Orange, Peach, Peppermint, Raspberry\*, Strawberry, Vanilla\*, White Chocolate\* \*Available sugar free

# SMOOTHIES



CITRUS ZINGER - Pineapple, Orange Juice, Grapefruit Juice, Banana, and Raspberry Sherbet.....	\$6.25
THE BERRIEST - Blueberry, Raspberry, Blackberry, Strawberry, Cranberry Juice and Raspberry Sherbet.....	\$6.25
TROPICALI - Mango, Strawberry, Banana, Orange Juice, Vanilla Frozen Yogurt.....	\$6.25
THE ELVIS - Peanut Butter, Honey, Banana, Soy Milk, Vanilla Frozen Yogurt.....	\$6.25
HAWAIIAN SUNRISE - Mango, Strawberry, Pineapple, Raspberry Sherbet, Soy Milk and Coconut.....	\$6.25

All Smoothies made with local Wilcoxson's Yogurt and Sherbet

THE NOVA CAFE DESIRES TO ENRICH THE LIVES OF OUR GUESTS, OUR EMPLOYEES AND THE COMMUNITY.

WE STRIVE TO BE AN INTEGRAL PART OF OUR COMMUNITY BY SUPPORTING LOCAL ARTISTS, FARMERS, PRODUCERS AND OTHER LOCAL BUSINESSES.

BY SUPPORTING THE NOVA CAFE YOU ARE SUPPORTING OUR UNIQUE COMMUNITY.

